

## B.S. Child and Family Science, Major Requirements – 57 units

### Catalog Year 2025 – Present

#### Tier 1 Courses: 13 units

(courses are prereqs for most others and should be taken first)

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| ____ CFS 31 – Intro to Family Science (3) (GE 4B)<br><br>____ CFS 38 – Lifespan Development (3) (L/S) or<br>CFS 39 – Intro to Child Development (3) (L/S) | ____ CFS 100 – Introduction to Child and Family Science (3)<br>(Prerequisites: CFS 31; 38 or 39)<br><br>____ CFS 153 – Research Methods in HDFS (4) |
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#### Tier 2 Courses: 22 units

(includes one theory course, one writing course, one MI course, and 10 elective units)

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| ____ CFS 131 – Family Theories (4) or<br>CFS 140 – Theories of Human Development (4)<br><br>____ CFS 127W – Write to Change the World (4) (UDWR) or<br>CFS 130W – Academic and Scholarly Writing (4) (UDWR) | ____ CFS 134 – Cultural Perspectives of Children and Families<br>(4) (M/I) (Prerequisites: GE Foundation & Area 4;<br>CFS 31; 38 or 39; 100; 153) |
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#### Tier 2 Electives (10 units; select from the following)

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| CFS 3 – Critical Thinking in HDFS (4) (GE 1B)<br>CFS 5 – Observation and Assessment in Early Child Care (3)*<br>(Prerequisite: CFS 39)<br>CFS 32 – Intimate Relationships (4)<br>CFS 120 – Family Lifehacks aka Family Resource Management (4)<br>CFS 125 – Happiness Across the Lifespan (3)<br>CFS 126 – Media & Youth Development (4) (Prerequisites: CFS 31;<br>38 or 39; 153)<br>CFS 127W – Writing to Change the World (4)* (Prerequisites: GE<br>Foundation 1A; CFS 31; 38 or 39. Corequisites: CFS 100 & 153)<br>CFS 128 – Cognitive & Language Dev in Early Childhood (4)<br>(Prerequisites: CFS 31; 38 or 39; 100; 153)<br>CFS 130W – Professional Writing (4)* (Prerequisites: GE 1A; CFS<br>31; 38 or 39. Corequisite: CFS 100 & 153)<br>CFS 131 – Family Theories (4)*<br>CFS 132T – Special Topics* (1-4)<br>CFS 135 – Parent Education (3)<br>CFS 136 – Adolescence & Emerging Adulthood in a Diverse Society<br>(3) (Prerequisites: CFS 3; 38 or 39; 100; 153) | CFS 137 – Care of Infants and Young Children (3)<br>(Prerequisites: CFS 5 and 39)<br>CFS 138 – Infancy and Early Childhood Development (4)<br>(Prerequisites: CFS 31; 38 or 39; 100; 153)<br>CFS 140 – Developmental Theories (4)* (Prerequisites: CFS 38 or<br>39; 100; 153)<br>CFS 143S – Risk and Resilience (3)<br>CFS 145 – Ethnography in Schools (4) (Prerequisites: CFS 38 or 39;<br>CFS 153 or SOC 176; UDWR)<br>CFS 147 – Care of Hospitalized Child (3)* (Prerequisites: NOT<br>LISTED IN CATALOG YET)<br>CFS 148 – Therapeutic Play (3)<br>CFS 149 – Children's Loss and Grief (3)<br>CFS 150 – Family Law & Policy (4) (Prerequisites: CFS 31; 100; 153)<br>CFS 152 – The Dark Side of Close Relationships (4) (Prerequisites:<br>CFS 31 or 32)<br>CFS 161 – Conflict and Connection in Family Relationships (4)<br>(Prerequisites: CFS 31 or 32)<br>CFS 190 – Independent Study (1-3)<br>CFS 192 – Research Lab (1-3) (Instructor consent required) |
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#### Tier 3 Capstone: 7-8 units

(senior standing required)

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| ____ CFS 5 – Observation and Assessment in Early Child<br>Care (3) (Prerequisite: CFS 39) or<br>CFS 179 – Family Life Education (4)<br>(Prerequisites: CFS 31, 100, 153) | ____ CFS 139 – Child Development Practicum (4)<br>(Prerequisites: CFS 5, 39) or<br>CFS 193I – Field Placement in Child and Family<br>Science (3-5) (instructor consent required) |
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#### Major Electives: 15 units

(Select additional courses from Tier 2, Tier 3, or from the courses below)

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#### Additional Major Elective Options:

CRIM 126  
CRIM 140  
GERON 10S  
PH 91 (L/S)

PSYCH 42 (GE 2) or ERE 153  
SOC 165  
SOC 167  
Two CHDEV / ECE Community College  
courses (see advisor)\*

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Advising Notes:

1. Students with a major or minor in Child and Family Science are required to earn a grade of C or better in all major/minor courses. A grade of CR/NC counts in the major only if it is the sole method of grading specified for a particular course.
2. **Interested in a Child Development Permit or the PK-3 credential?** Take **CFS 5**: Introductory Practicum (formerly CFS 37), and then **CFS 139**: Child Development Practicum
3. Everyone else can take CFS 179 (capstone course option): Family Life Education and CFS 193I (capstone course): Field Experience
4. Approved transfer courses include the following early childhood education/child development classes that are often used to meet requirements for the State of California Child Development Permit: ECE/CHDEV 1 (Principles and Practices), ECE/CHDEV 3 (Curriculum), ECE4/CHDEV 30 (Child, Family, & Community), ECE 5/CHDEV 20 (Observation & Assessment), ECE 10/CHDEV 37A (Practicum), ECE 40A (Administration I), ECE 40B (Administration II), ECE 45 (Adult Supervision), or their equivalents.
5. Students who wish to pursue the Family Life Education Certification must complete: CFS 31, CFS 32, CFS 38, CFS 100, CFS 120, CFS 131, CFS 135, CFS 150, CFS 179, CFS 193I (with 3 units of lab for 120 hours of internship hours). More information can be found at <https://www.ncfr.org/cflecertainment>.
6. \*certain courses may require major advisor approval to count on your Degree Progress Report (DPR)